

Overview

Edit CV

Friday, 08-06-2018 :: 09:20

Karine Alexandra Del Rio João
End session

Overview

1. Personal data

Full Name
Karine Alexandra Del Rio João

Name under which you publish
Karine Alexandra Del Rio João

Fiscal ID number
ID document

Birth date
27-01-1968

National of
Espanha

Gender
F

Work address
8005-454
Portugal

Residential Address

Work Phone
Residential Phone

Email
delriokarina@gmail.com

Fax

Cell phone

URL

2. Academic degrees

3. Previous activity and current status

Período	Cargo, categoria ou actividade	Instituição

4. Area of scientific activity
Sleep Quality, Mental Health, Depression, Anxiety, Stress, Non-clinical populations

5. Present research interest

6. Experience as scientific adviser

7. Participation in R&D projects

8. Prizes and awards received

Year	Name of the prize or award	Promoting entity

9. Published works

Artigos em revistas de circulação internacional com arbitragem científica

João, K. A. D. R., Becker, N. B. & de Jesus, S. N. (2016). Sleep quality, depression and anxiety: A literature review. Prospecting interdisciplinarity in health, education and social sciences: theory and practice. Chapter II. Romania. 10:37-52.

João, K. A. D. R., Becker, N. B., de Jesus, S. N., & Martins, R. I. S. (2017). Validation of the Portuguese version of the Pittsburgh Sleep Quality Index (PSQI-PT). *Psychiatry Research*, 247, 225-229.

João, K. A. D. R., de Jesus, S. N., Carmo, C. & Pinto, P. (2018). Sleep quality components impact on mental health: study with a non-clinical population. *Psychiatry Research* (submitted).

João, K. A. D. R., de Jesus, S. N., Carmo, C., & Pinto, P. (2018). The impact of sleep quality on the mental health of a non-clinical population. *Sleep Medicine*, 46, 69-73. <https://doi.org/10.1016/j.sleep.2018.02.010>

Becker, N. B., de Jesus, S. N., Marguilho, R., Viseu, J. N., João, K. A. D. R. & Buela-Casal, G. (2015). Sleep quality and stress: A literature review. *Advanced Research in Health, Education and Social Sciences: Towards a better practice*, Chapter IV. Romania. p. 48-62.

10. Communications in scientific meetings**11. Languages**

Language	Reading	Writing	Conversation
English	Very good	Very good	Very good
Spanish	Very good	Very good	Very good
Portuguese	Very good	Very good	Very good
French	Basic	Basic	Basic